



Vancouver City Council COVID Recovery Committee

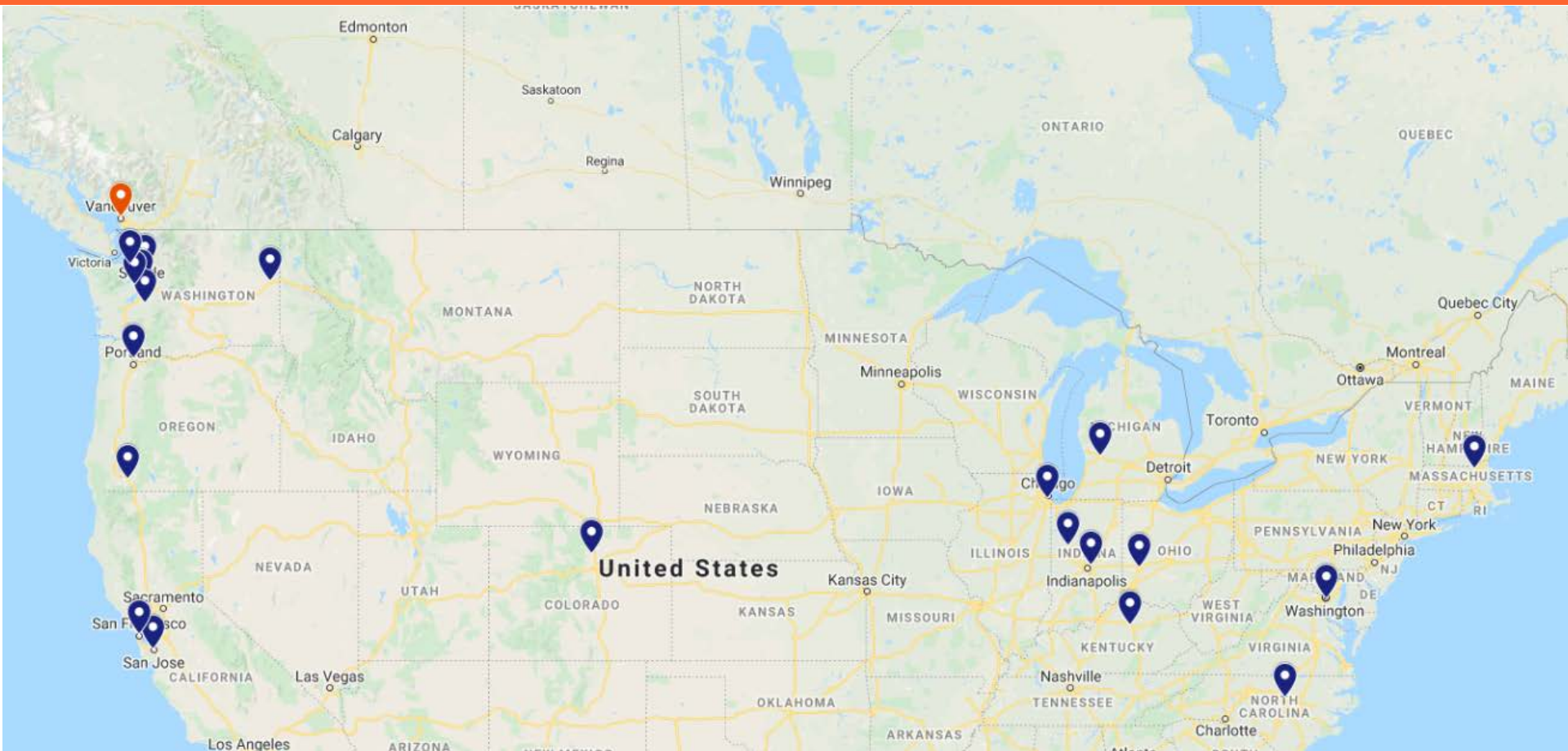
July 15, 2020

Recovery Café – A Flagship Model for Canada



Killian Noe, Founding Director of the Recovery Café in Seattle

Recovery Café Location including Vancouver



The Recovery Café Model



Recovery Circles



Recovery Action Plan

What is my overall recovery wellness goal?

What is my Recovery Plan for today?

There are three important parts of a recovery plan:

1. A specific short term goal that can be accomplished with support.
2. Specific Action Steps: What things do you have to do to reach your goal?
3. Time: When will the goal and each action step be completed?

Areas of Wellness and Recovery to Consider:

Connectedness to the recovery community Do you have contact with other people in recovery? Are you or do you want to be part of a support group or spend social time with others in recovery? How satisfied are you with your involvement with the recovery community?

Physical health Do you have a doctor and a dentist? Do you see them regularly? Do they know you are in recovery? Do you eat well, exercise, and sleep enough? How satisfied are you with your physical health?

Emotional health How is your relationship with family and friends? Are you working on your mental health with a counselor or therapist? How satisfied are you with the way you feel about yourself?

Spiritual health How important is spirituality to you? Are you part of a faith-based or spiritual group? Do you spend time on prayer or personal reflection? How satisfied are you with your spiritual health?

Housing Are you satisfied with your living situation? Does where you live support your recovery? Do you need to make any changes in your living arrangements?

Employment (financial) and education Are you working or in school right now? Are you happy with your job? Do you want or need a job? Do you want or need training for a job? Do you want or need help finding a job? Do you want to continue your education?

Personal Daily Living How is your financial situation? Do you worry about your safety? Do you enjoy your daily routine? Is there anything that you would like to change about your daily living?

Other (e.g. legal) Is there anything else that we did not talk about that you would like to work on?

What would you like to focus on first?

2018Oct8 recovery action plan

Membership and Café Capacity



Service Provider Partnership



The Kettle Society

Strength through mental health

Model Development Support



**RECOVERY
CAFÉ
NETWORK**



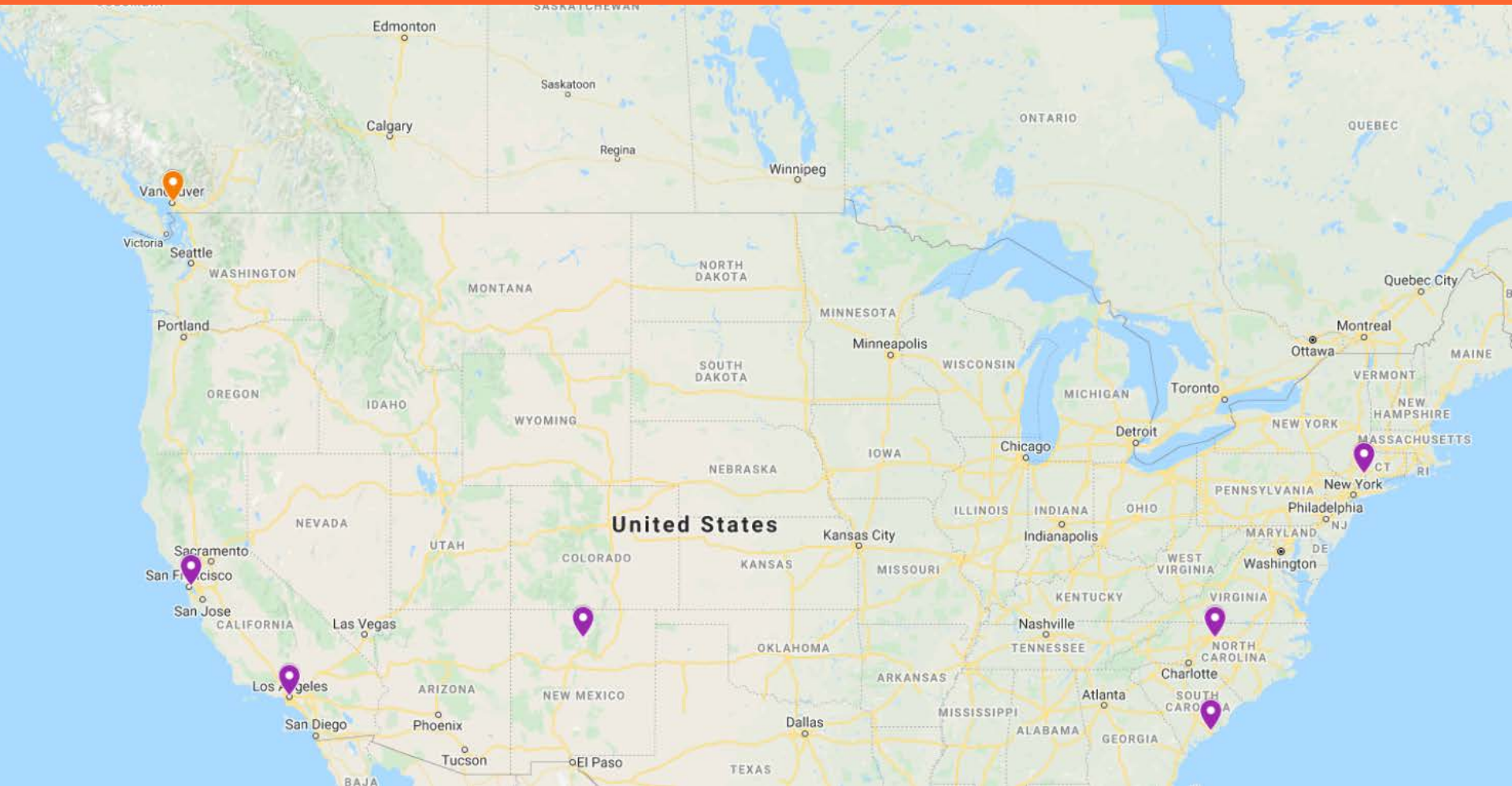
Streetohome and Partners – Leveraging Support



Delancey Street – A Flagship Model for Canada



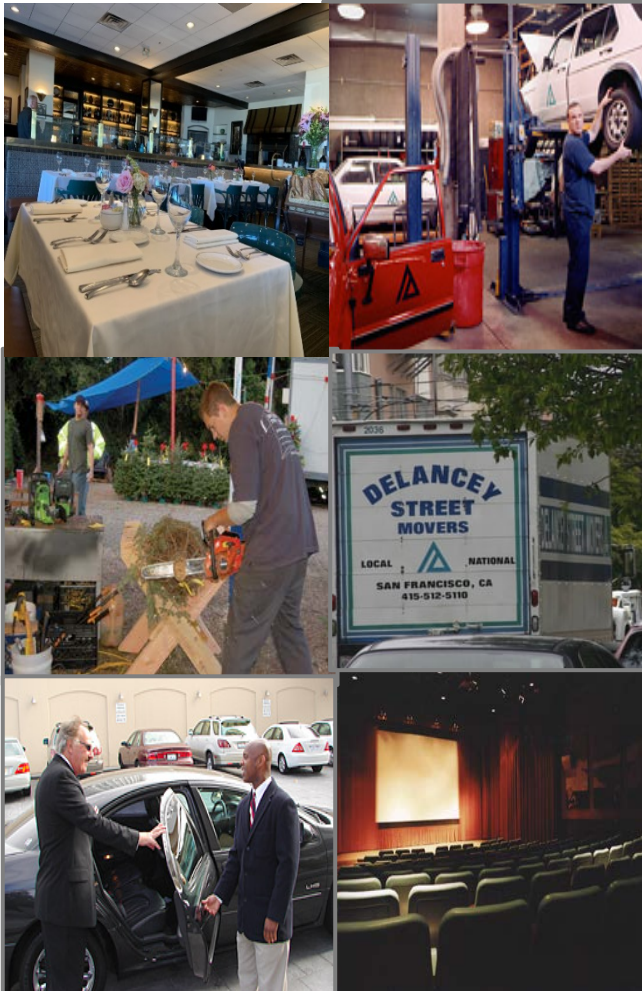
Delancey Street Vancouver



The Delancey Street Model



Vocational Training Schools



- Moving Company
- Restaurant
- Café, Bookstore and Art Gallery
- Christmas Tree Sales & Decorating
- Catering & Event Planning
- Screening Room
- Specialty Advertising Sales
- Corporate Private Car Services

Enrollment and Program Capacity



Service Provider Partnership



DELANCEY STREET
FOUNDATION

Model Development Support





streetohome

changing lives, building futures