

CARING FOR ALL

Next Steps and Transitioning the Task Force
Mayor's Task Force on Mental Health & Addictions
Council Presentation | 21 FEBRUARY 2017



Acknowledgements

Staff express gratitude to all members of the Task Force, including all people with lived experience.

We acknowledge the lives lost during the overdose crisis.

We acknowledge all of those working to save lives every day.

We acknowledge the work of Dr. Elliot Golder, Task Force Member, Director of the Centre for Applied Research on Mental Health and Addictions, and friend to many, who passed away in December 2016.

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1. *Task Force Background*
 2. *An Unprecedented Overdose Crisis*
 3. *First Phase Summary*
 4. *Second Phase: Recommendations and Next Steps*
 5. *Aligning with a Healthy City for All*



Mayor's Task Force Background



Increasing Crisis Levels

- 43% increase in mental health visits at St. Paul's ER (2009-2013)
- 18% increase in VPD Mental Health Act apprehensions (2012-2013)

Inadequate Treatment

- SRO tenants without support, require additional treatment
- 2/3 homeless require mental health or addiction support

Estimated number of people with serious mental health issues and addictions, British Columbia and City of Vancouver

130,000

people in B.C.

34,000

people (25%)
in VCH

20,400

people (60%)
in Vancouver

**3,000
to 6,000**

people at high risk

300

people (10%) in crisis

November 2013

Province responds 120-Day Plan.

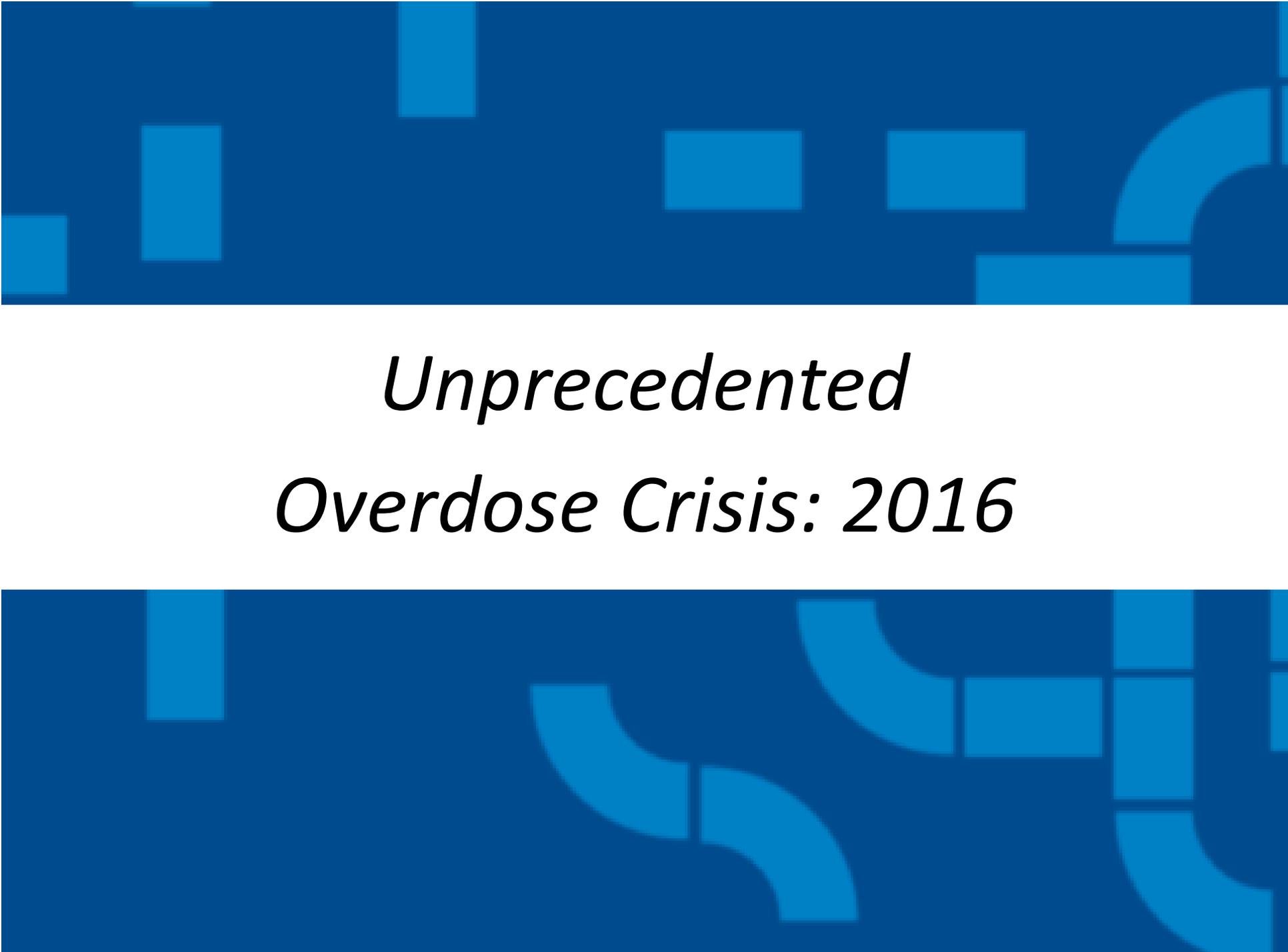
Ministry of Health, VCH,
Providence Health Care
(PHC), BC Housing,
Correction Services,
and Vancouver Police
Department meet to
discuss priority actions.

SUMMARY OF STATUS TO DATE

- ✓ Two new ACT teams in Vancouver
- ✓ Inner City Youth team expansion
- ✓ 9-bed stabilization unit at St. Paul's
- ✓ St. Paul's HUB – critical response unit
- ✓ 2017 Announcements: senior government support for addictions treatment including opioid crisis (\$10M federal, \$5M province)

PRIORITY GAPS

- ~250 mental health treatment beds
- Sufficient, aligned ACT team support
- Adequate housing first options for people with mental health & addictions
- Full range of substitution treatment and recovery options
- Investment in prevention

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*Unprecedented
Overdose Crisis: 2016*

Partnership response to overdose crisis

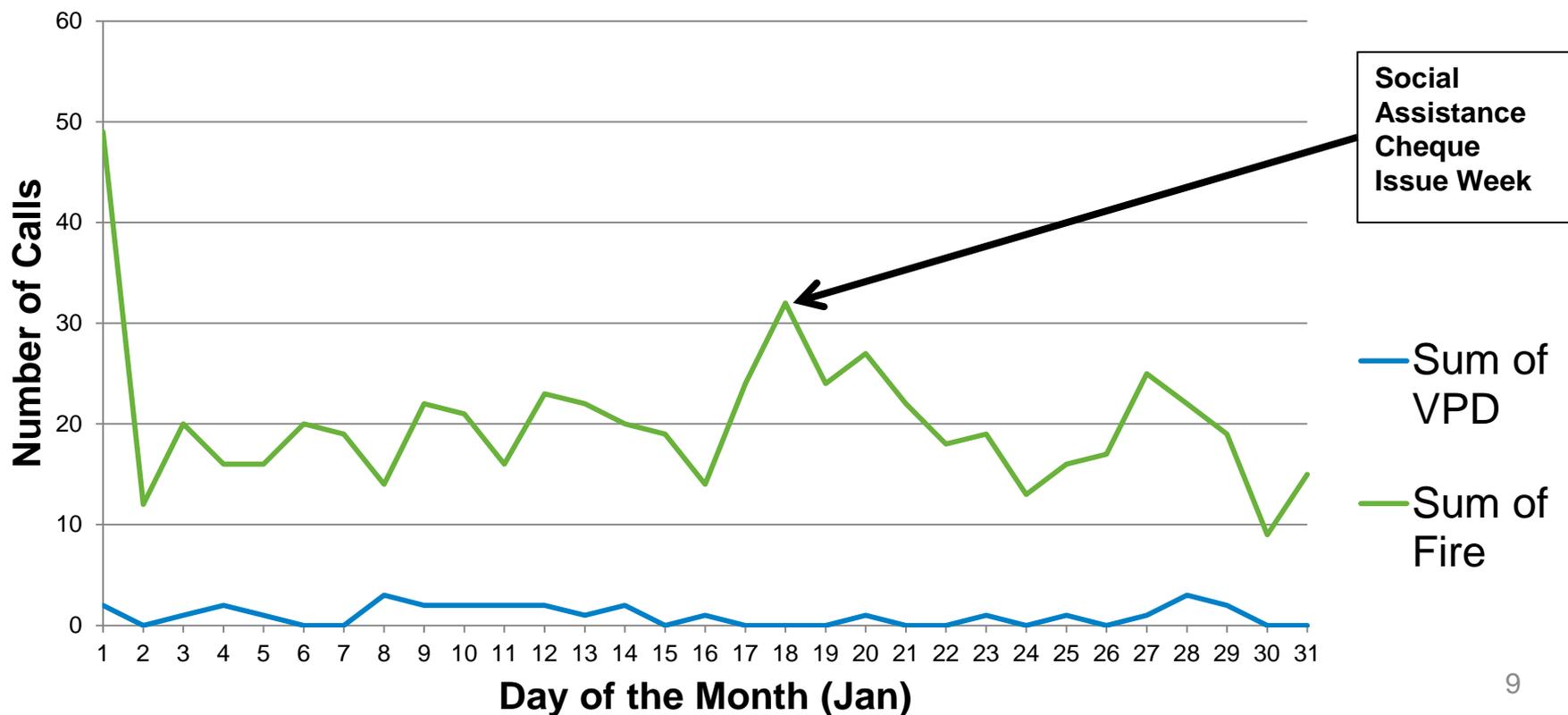
- ✓ Supported VCH Safe Injection Sites
- ✓ Added First Responder resources
- ✓ Convened Mayor's Forum
- ✓ Co-convened DTES naloxone training, Strathcona community forum
- ✓ Provided SRO 'In-reach' funding



Overdose Crisis – Month of January 2017 Data

- 116 OD deaths in BC, down from 142 in December
- **45 deaths in Vancouver alone**, down from 51 in December
- Vancouver Fire & Rescue Calls: 625, VPD Calls: 30

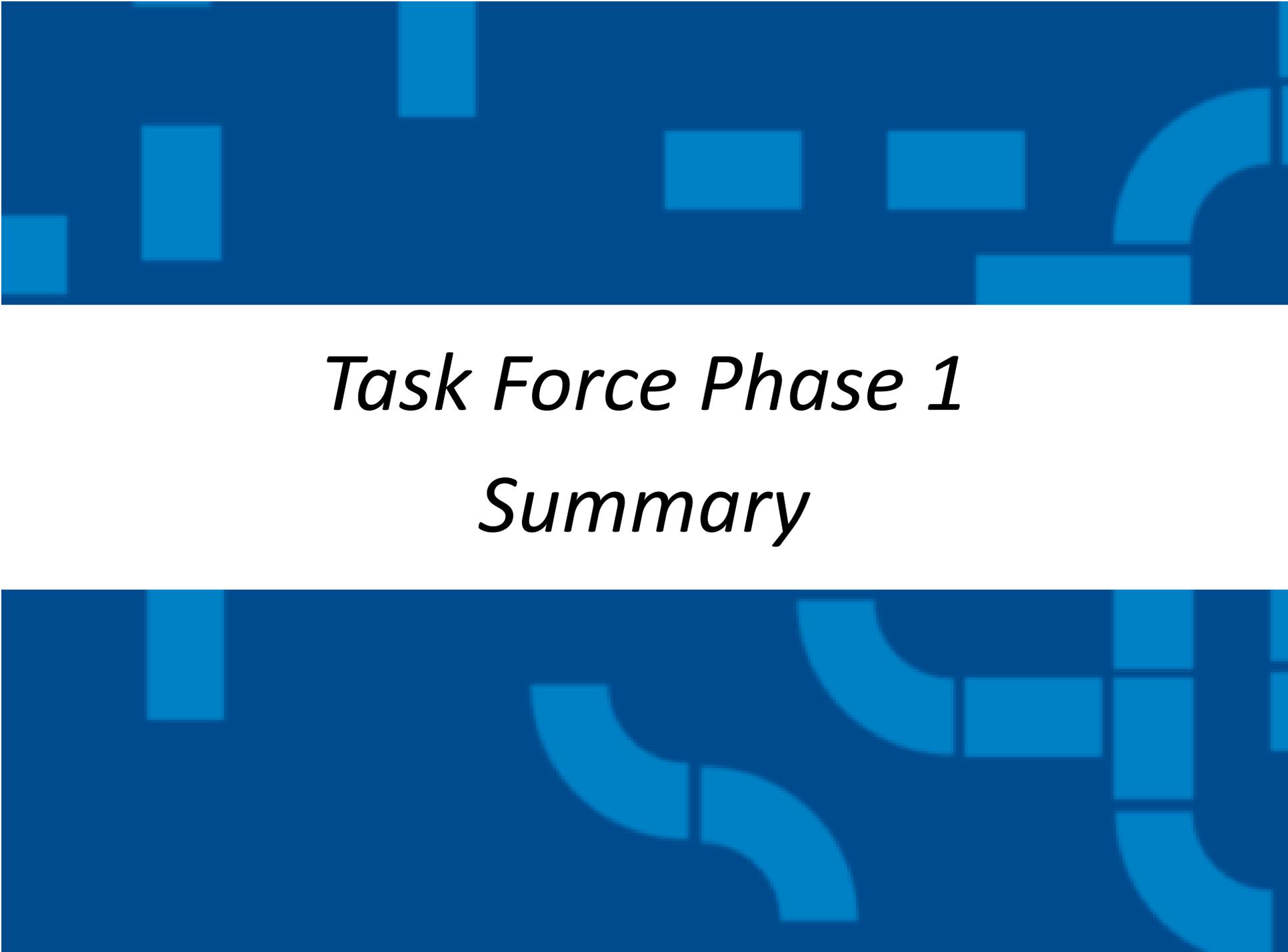
Total Overdose Responses - Jan 2017



1 – 19 February 2017

- Vancouver Fire: 311 calls
- VPD: 26 total calls – 11 overdose, **15 suspected deaths***

* **Important:** requires coroner's toxicology report to confirm overdose death

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Task Force Phase 1 Summary

Summary of Phase 1

Enhancing Access to Quality & Effectiveness of Service

01

**Work Better Together and
Address Service Gaps**
The Game Changer

Expedite *Collective Impact* and work
with provincial partners

02

A Peer-Informed System
Right Faces in the Right Places,
Low-Barrier Services

Convene peer leadership table to
inform continuum of care

03

De-stigmatization
Feeling Safe
and Included

Increase awareness, inclusion
& accessibility

04

Focus on Youth
Better Transitions
and Outcomes

Better support for youth
transitioning out of care

05

**Focus on Wellness for
Aboriginal Peoples**
A City of Reconciliation

Promote Aboriginal healing and
wellness concepts across Vancouver

06

**Enhance Addictions
Knowledge**
Training and Treatment Choices

Support training and integration of
addictions specialists

Task Force Phase 2 Additions from Council: People with Lived Experience Advisory Committee Gender Lens

- Prioritizing inclusion and recognizing leadership and expertise of people with lived experience; and
- Applying intersectional lens to gender-informed practice (Gender Lens Forum 2015)



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Staff Recommendations
Phase II

Peer-Informed System
Right Faces in the Right
Places, Low-Barrier Services



Support Peers Experiencing Trauma

**\$30,000 to
support peers on
the front lines**

- Debriefing
- Capacity building
- Trauma informed approaches



De-stigmatization

Feeling Safe and
Included



Reduce Stigma, Create Connections

**\$100,000 for de-
stigmatization
programs**

- Stigma is root cause of crisis
- Change the conversation
- Raise public awareness
- Use Art as a tool for change



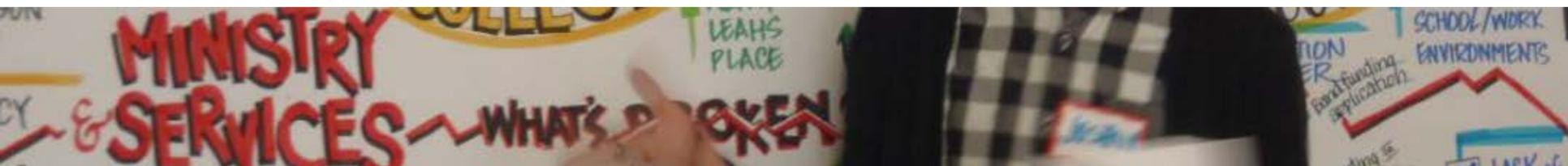
Focus on Youth
Better Transitions
and Outcomes



Improve Outcomes for Youth Leaving Care through Collective Impact

**\$40,000 to
McCreary Centre:
what every youth
leaving care needs**

- 5 people to count on who care
- Networks for jobs & education
- Rent supplements to prevent homelessness



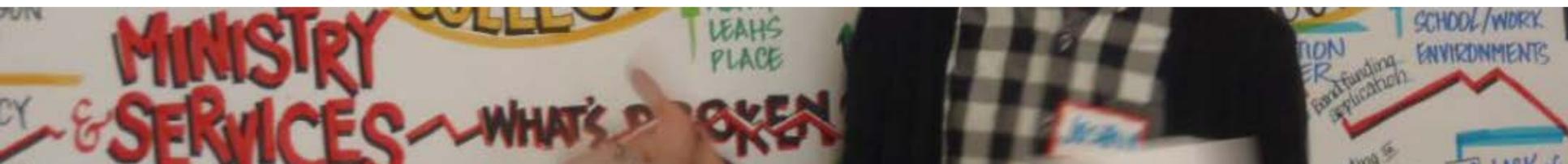
Focus on Youth
Better Transitions
and Outcomes



Provide Mental Health Wellness Training to Youth in Transition

**Up to \$40,000:
Canadian Mental
Health Association**

- Fills prevention gap
- 5 years of training
- Grades 7 (elementary) & 8 (high school)
- City funds for youth engagement in curriculum and evaluation



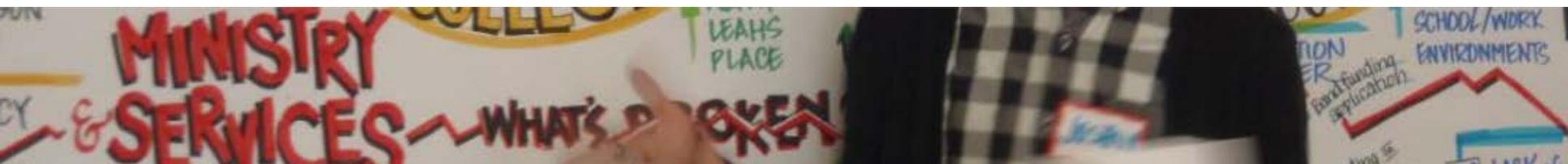
Focus on Youth
Better Transitions
and Outcomes



Create a Place Based Systems Response for At-Risk Youth

**Up to \$60,000 to
Ray-Cam
Community Centre
to implement 'Circle
of the Child'**

- Pilot based on Quebec model
- Address immediate crisis & facilitate systems change
- Coordinate stakeholders for collective impact to reduce systems gaps



Focus on Wellness for Aboriginal Peoples A City of Reconciliation



Provide Access to Aboriginal Healing and Wellness: Culture Saves Lives

**\$100,000 for
Aboriginal healing
and wellness**

- Culture is a social determinant of health
- Peer research identified needs, gaps in DTES
- Elders need supports
- Children & people struggling with addictions are under served



Focus on Wellness for Aboriginal Peoples A City of Reconciliation



Provide Alcohol Addiction Treatment & Identify Best Practices

**\$35,283 to PHS to
pilot 'Drinker's
Lounge'**

- Managed alcohol & cultural supports
- Reduces risk of overdose
- Evaluation will inform future programming



Aboriginal Health, Healing & Wellness in the DTES

Kinwa Bluesky, JD, LLM,
PHD Candidate (Law)
Research Team Lead

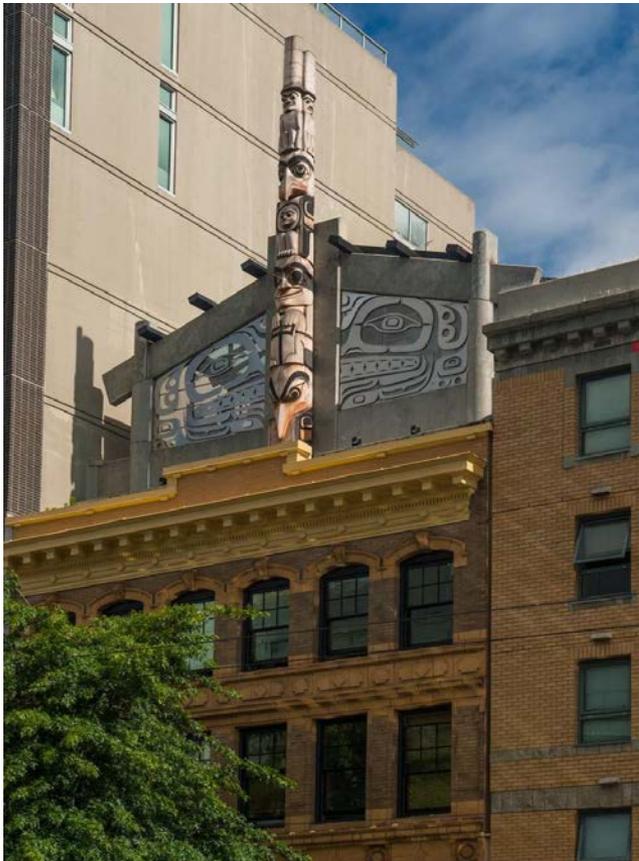


Traditional camp or retreat
Healing circles
Drumming
Sweat Lodge
Songs
Storytelling
Naming Ceremony
Full Moon Ceremony
Brushing off Ceremony
Moon Lodge Ceremony
Traditional cooking
Sharing circles
Sun Dance
Pipe Ceremony
Craft workshops
Traditional games
Canoeing
Talking circles
Center Wish
Feasts
Artistic activities
Prayer
Elder teachings
Smudge
Dancing
Medicine gardens or harvest

Why Research Traditional, Cultural, & Spiritual Activities in the DTES?

Through the Aboriginal Healing & Wellness Centre Working Group –

Need to understand and identify existing activities, opportunities for Aboriginal cultural methods of health, healing, & wellness in the DTES



This research was developed around these key questions:

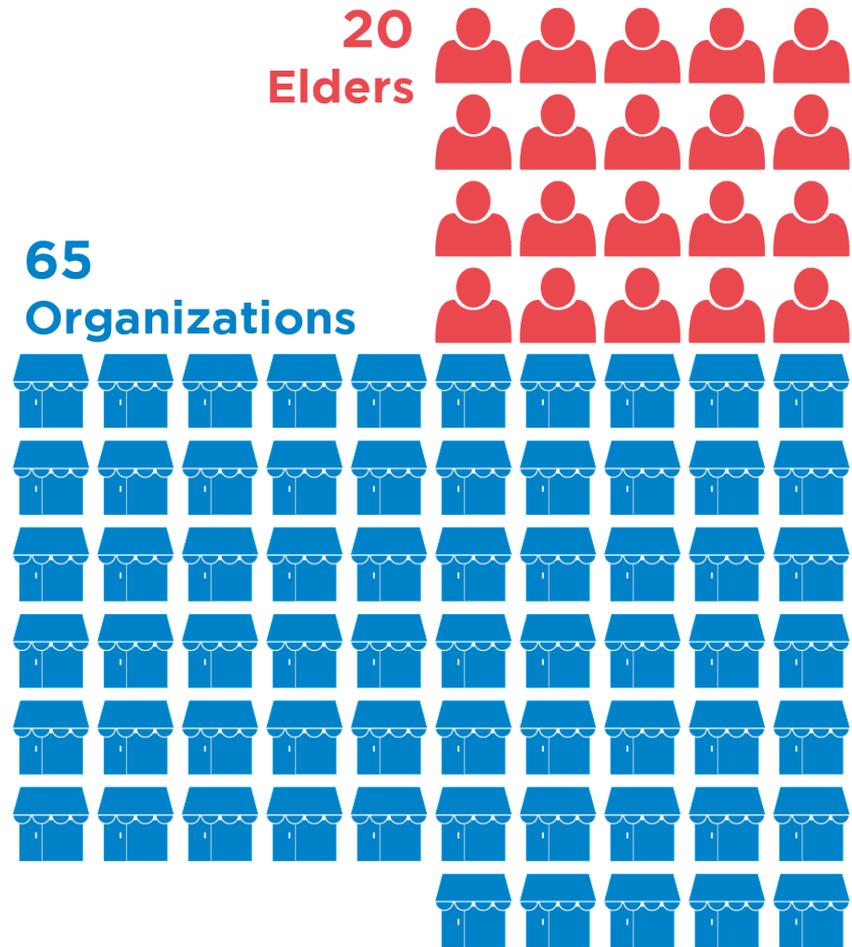
- Who is involved in Aboriginal traditional, spiritual, and cultural supports?
- What kinds of Aboriginal traditional, spiritual, and cultural activities occur?
- Where do Aboriginal traditional, spiritual, and cultural activities occur?
- When do Aboriginal traditional, spiritual, and cultural health and healing supports occur?
- Why are Aboriginal traditional, spiritual, and cultural supports important?
- How do Aboriginal traditional, spiritual, and cultural health and healing supports serve the DTES?

Only Organizations & Elders who provide Cultural supports were surveyed

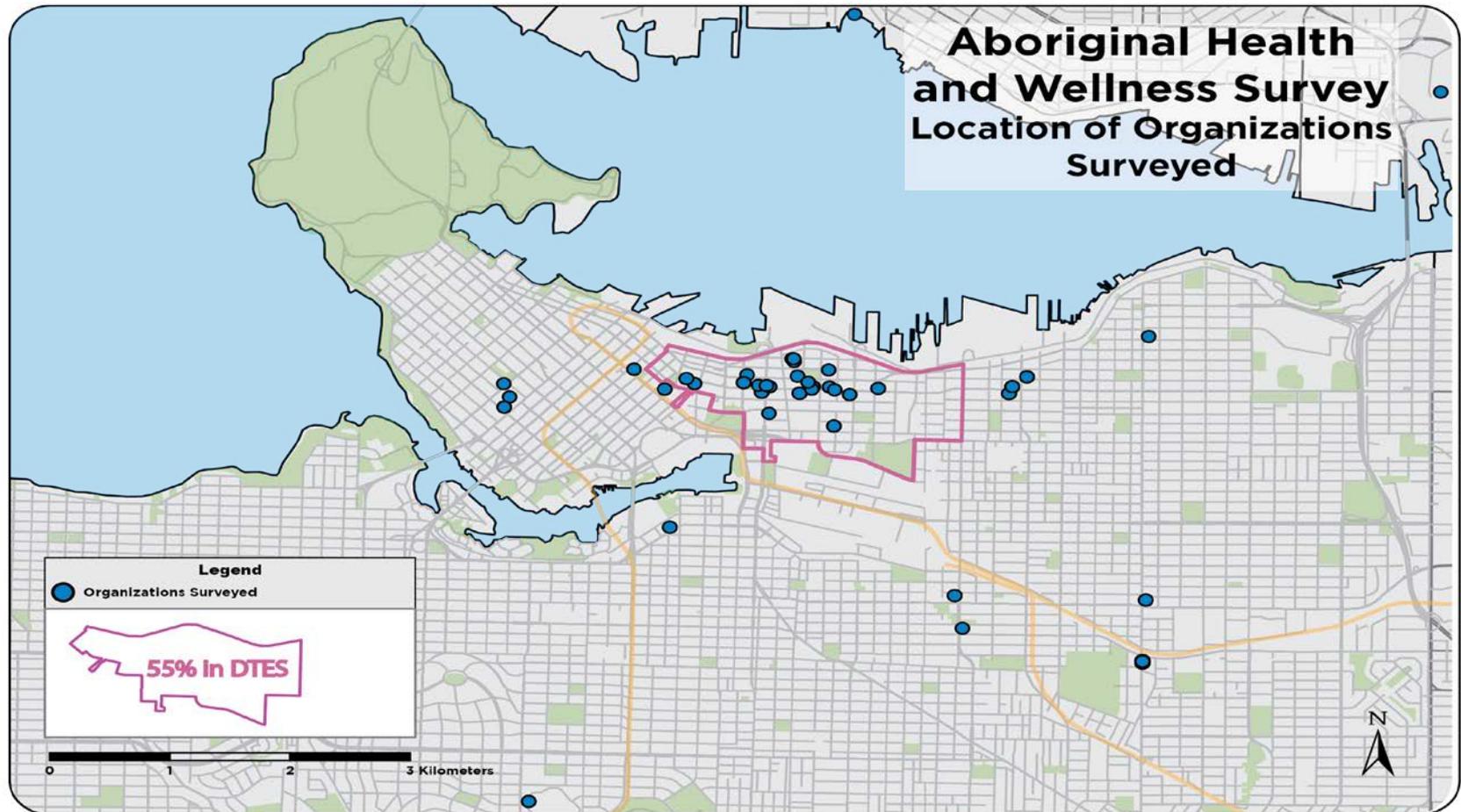
Peer Research Associates conducted in person interviews

2 Surveys were used:

1. Primary health care and social support-oriented DTES organizations:
 - housing, education, employment, violence prevention, justice and advocacy collectives, mental health and addictions, organizations serving youth, women and children
2. Elders that provide cultural supports for organizations



Traditional, Spiritual, Cultural Health & Healing Spaces



- ⊕ Organizations outside the DTES who offered Aboriginal traditional, spiritual, and cultural health and healing services to DTES residents were included.

Calls to Action to Enhance Aboriginal Health, Healing, & Wellness in the DTES

Peer-Informed System:

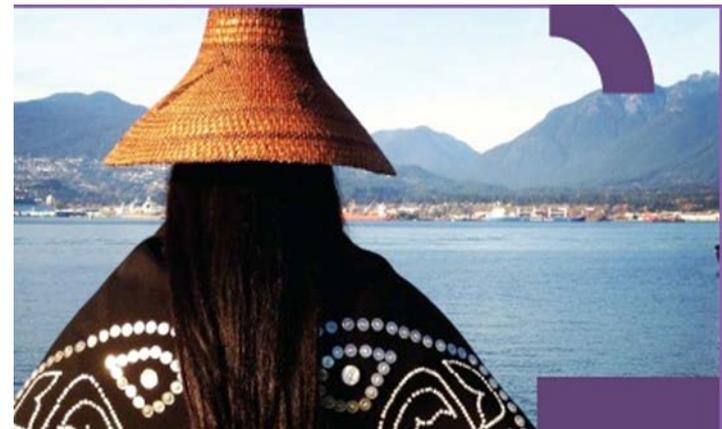
- Convene an Aboriginal Peer Council to examine best practices in health, healing, and wellness
- Peer led approach for mentorship & leadership
- Builds capacity within health services

Urban Aboriginal Health Strategy:

- Support engagement & implementation
- MVAEC, FNHA, VCH, urban Aboriginal agencies, & residents

Traditional and Culturally Appropriate Health Care:

- Traditional & culturally appropriate health care practices is equally, if not more important, than access to mainstream non-Aboriginal health care
- Services in the DTES should aim to include Aboriginal traditional, spiritual, and cultural health and healing supports



Calls to Action to Enhance Aboriginal Health, Healing, & Wellness in the DTES

Mental Health and Addictions:

- Develop culturally responsive contracts with Aboriginal organizations
- Support cultural integration and culturally competent approaches
- Include treatment of Aboriginal patients with Aboriginal Elders and Healers

Sustainable Funding:

- Support new Aboriginal Healing Centre's to address the physical, mental, emotional, and spiritual intergenerational harms caused by residential schools
- Evaluate & assess barriers faced by organizations and Elders in providing cultural activities



Work Better Together and Address Service Gaps

The Game Changer



Shift from Crisis Towards Recovery Through Collective Impact

**\$40,000 to the
Bloom Group
for Phase 2**

- Create common metrics dashboard
- Prototype action planning
- Engage community



Learning, Leading: Global Best Practice

International Initiative for Mental Health Leadership (IIMHL)

- Task Force identified as ‘global best practice’ in action-oriented partnerships, 2015 IIMHL Conference
- Hosted Thrive NYC Lead, Gary Belkin, as part of City’s Re:Address international housing conference, 2016
- Participating in IIMHL global city network



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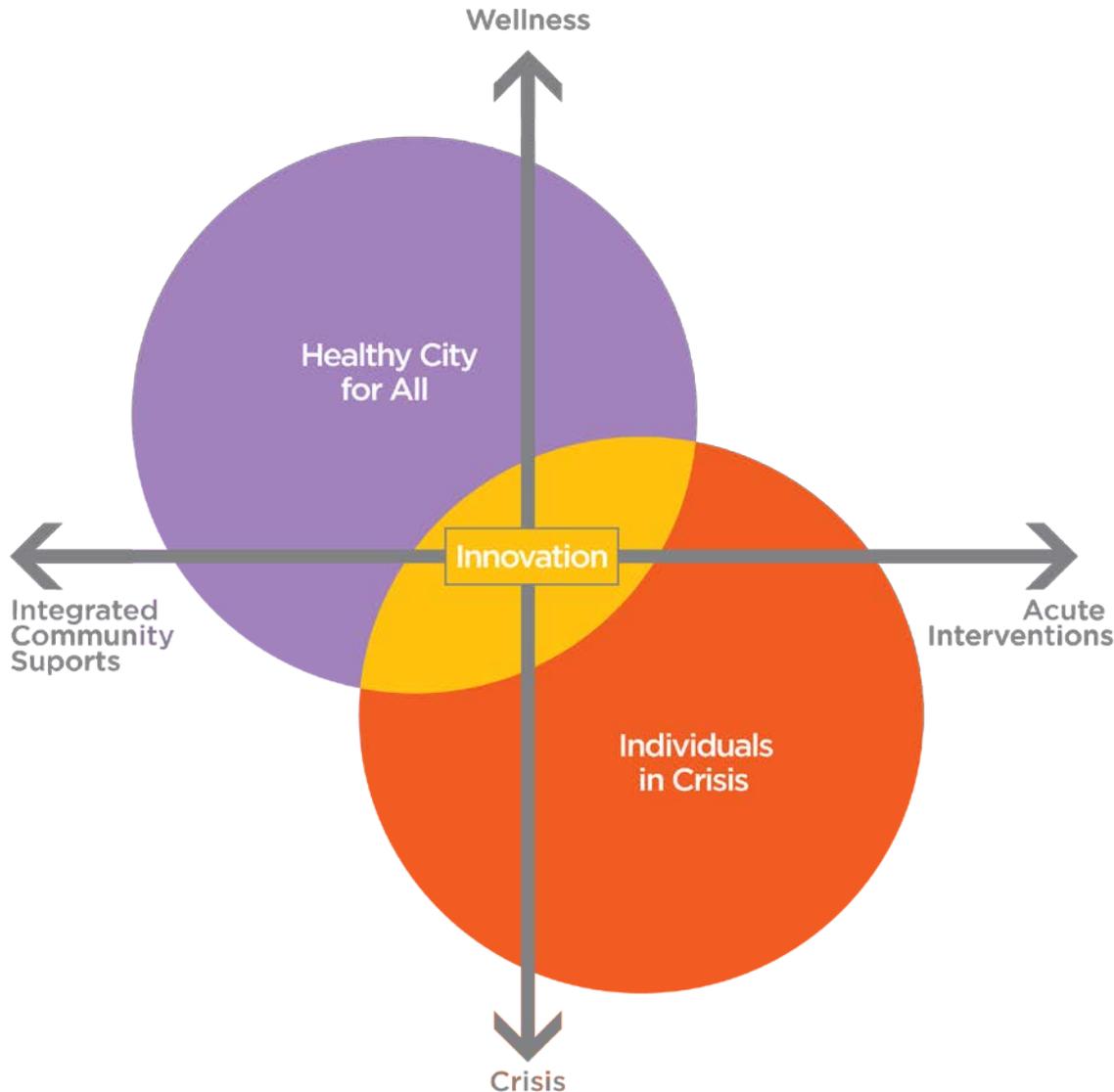
*Transitioning the Task Force
Towards a Healthy City for All*

Aligning with Social Determinants of Health



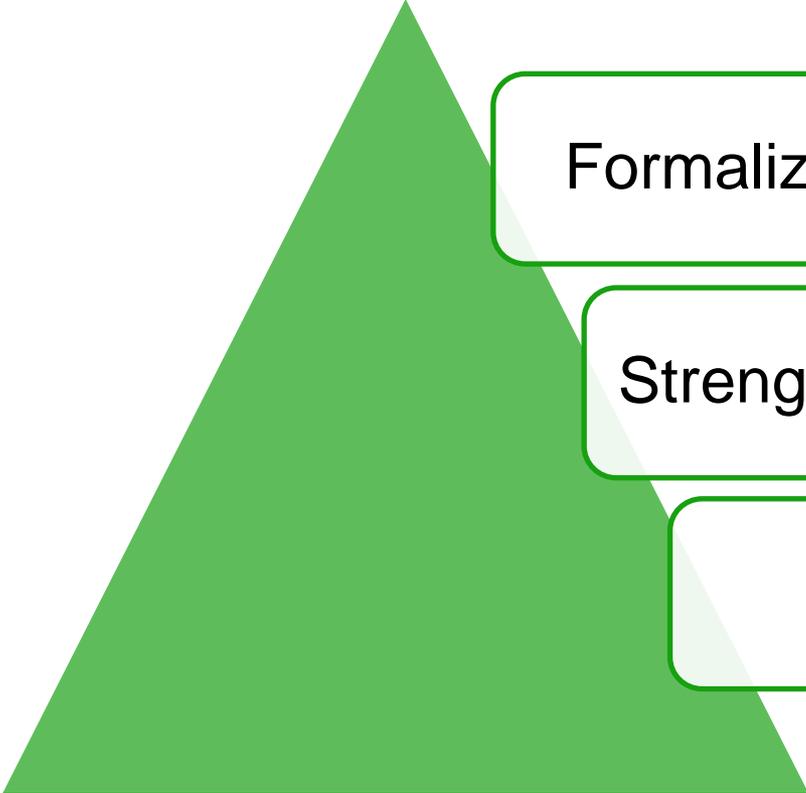
The Healthy City for All Strategy also emerged in 2014. As the Task force moves beyond its acute, crisis focus, the Healthy City for All Strategy will provide a strong framework for reaching our shared goals.

Moving Upstream toward a Healthy City for All



Although the Task Force emerged in response to an acute crisis, we need to use long-term, innovative strategies to improve health and wellness for everyone in the City.

Spring 2017 – Transition to a Vancouver Urban Health Leaders Action Committee reporting directly to the Healthy City for All Leadership Table

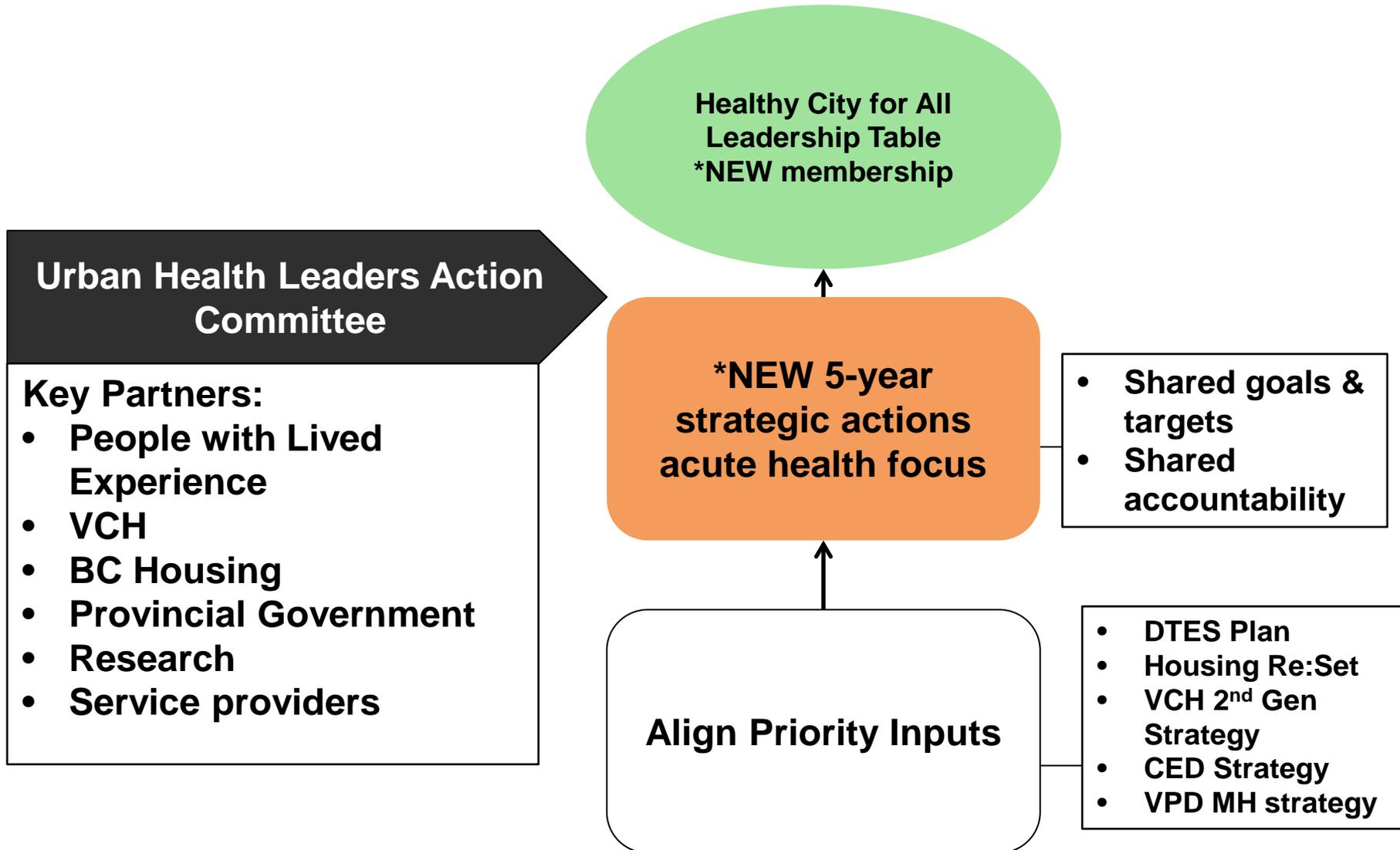
A large green triangle pointing upwards, positioned on the left side of the slide. It is partially obscured by three white rounded rectangular boxes with green borders, which are stacked vertically and overlap the triangle.

Formalize Governance

Strengthen Accountability

Upstream Focus

Aligning & Intensifying Acute Focus



Address Root Causes:

- Invest in prevention (children and families)
- Implement National Poverty Reduction, Housing and Child Care Strategies
- Address Stigma
- Support the full continuum of trauma informed, recovery based care

Address the Crisis:

- Immediately, provide injectable heroine/hydromorphone therapy to all who need it
- Advocate for new regulatory approaches to drug policy in Canada to save the lives of people who use drugs

A: Council receive report on Phase II, Mayor’s Task Force on Mental Health and Addictions

B-G: Recommended funding of up to **\$445,283**

Innovation Fund	Contingency Fund	Leveraged Funds
\$255,283	\$190,000	\$549,966

H: Task Force transition to Urban Health Leaders Council and integrate with Healthy City Leadership Table Governance Structure

Thank You



ACADEMIC RESEARCHERS / DOCTORS

Dr. Bill Honer	UBC Department of Psychiatry
Dr. Bill MacEwan	Head of Psychiatry, St. Paul's Hospital
Dr. Michael Krausz	UBC Department of Psychiatry/At Home Chez Soi
Dr. Julian Somers	Lead Investigator At Home/Chez Soi, Principal Investigator, Inter Ministry Research Initiative
Dr. Evan Wood	UBC Director, Co-Director of the Urban Health Research Initiative, BC Centre for Excellence HIV/AIDS
Dr. Steve Mathias	Providence - Child and Youth Psychiatry
Dr. Elliot Goldner	SFU, Centre for Applied Research in Mental Health and Addictions
Dr. Jim Frankish	UBC School of Population and Public Health

VANCOUVER COASTAL HEALTH

Dr. Patricia Daly	Vice-President Public Health and Chief Medical Officer
Laura Case	Chief Operating Officer
Yasmin Jetha	Director, Regional Mental Health and Addictions
Natasha Golbeck	Director of Strategic Deployment

PROVINCIAL HEALTH AUTHORITY

Leslie Arnold	President of BC Mental Health and Addiction Services
---------------	--

PROVIDENCE HEALTH

Dianne Doyle	CEO
--------------	-----

MINISTRY OF HEALTH

Stephen Brown	Deputy Minister
Dr. Jeff Coleman	Clinical Advisor to Ministry of Health
Doug Hughes	Assistant Deputy Minister

BC HOUSING

Shayne Ramsey	CEO
Dominic Flanagan	Executive Director of Supportive Housing and Programs

MINISTRY OF JUSTICE, CORRECTIONS BRANCH

Elenore Clark	Provincial Director, Drug Treatment Court/Strategic Operations
David Vallance	Regional Director, Vancouver Region of Community Corrections

MINISTRY OF SOCIAL DEVELOPMENT AND SOCIAL INNOVATION

David Jagpal	Manager of Integration Services
--------------	---------------------------------

STREETOHOME FOUNDATION

Rob Turnbull	President, CEO
--------------	----------------

HEALTH SCIENCES ASSOCIATION OF BC

David Durning	Senior Labour Relations Officer
Miriam Sobrino	Communications Director

MENTAL HEALTH/HOUSING POLICY ADVISORS (NON GOVERNMENT)

Madeleine Dion Stout	Board member, First Nations Health Board of BC
Debra McPherson	BC Nurses Union

HOUSING PROVIDERS

Greg Richmond	Executive Director, Rain City Housing
Janice Abbot	CEO, Atira Housing
Jan Radford	Nurse Practitioner, Atira
Jonathan Oldman	Executive Director, The Bloom Group
Dave MacIntyre	Executive Director, Motivation, Power and Achievement Society
Karen O'Shannacery	Executive Director, Lookout Emergency Aid Society
Krista Thompson	Executive Director, Covenant House
David Eddy	CEO, Vancouver Native Housing Society

COMMUNITY SERVICES AND SUPPORTS

Peter Bazovsky	ARA Mental Health Advocate
Diane Sugars	Independent
Marjorie White	Aboriginal Mother Centre
Susan Tatoosh	Executive Director, Aboriginal Friendship Society
Michele Fortin	Executive Director, Watari and Co-Chair, BC Alliance on Mental Health and Addictions
Aart Schuuman-Hess	CEO, Greater Vancouver Food Bank Society
Dr. Philip Adilman	Community Psychiatrist
Michael Anhorn	Executive Director, Canadian Mental Health Association, Vancouver and Burnaby
Nancy Keough	Kettle Friendship Society
Darrell Burnham, ED	Executive Director, Coast Mental Health

POLICY ADVISORS/COMMUNITY PARTICIPANTS

David Hamm	Downtown Eastside Local Area Plan Committee member and VANDU representative
Karen Ward	Downtown Eastside Local Area Plan Committee member, Gallery Gachet
Colin Ross	At Home/Chez Soi

VANCOUVER POLICE DEPARTMENT

Mary Collins	VPD Board member
Jim Chu	Chief Constable
Ralph Pauw	Inspector, Youth Services Section
Adam Palmer	Deputy Chief Constable
Dean Robinson	Superintendent
Howard Tran	Staff Sergeant: Mental Health Unit

CITY OF VANCOUVER

Mayor Gregor Robertson	Mayor
Kerry Jang	Councillor
Mike Magee	Chief of Staff, Mayor's Office
Penny Ballem	City Manager
Mukhtar Latif	Chief Housing officer
Brenda Prosen	General Manager, Community Services
Mary Clare Zak	Managing Director, Social Policy
Ethel Whitty	Director, Carnegie Community Centre
Abi Bond	Assistant Director, Housing Policy
Dianna Hurford	Housing Planner

Thank You



Alanah Woodland
Alex O'Donaghey
Allison Parker
Amanda
Amanda Pollicino
Ambrose Williams
Andrew MacFarlane
Ann Livingston
Anne McNabb
Ann Pederson
Beverly Lightwood
Blake Stitils
Bob Manning
Bree Beveridge
Brian Gustavson
Calum Scott
Carol Ann Saari
Carol Kellman
Carole Patrick
Carolyn Tuckwell
Cheryl Davies
Chris Van Veen
Christina Budnick
Christina Tsobanis
Colleen Boudreau
Colleen Moyneur
Curren Warf
Dara Parker
Devika Ramkhelawan
Don Fiddler
Donald MacPherson
Dr. Christine Looch
Dr. Christy Sutherland
Dr. Eva Moore
Dr. George Hadjipavliou
Dr. Jan Christilaw
Dr. Keith Ahamad
Dr. Launette Rleb
Dr. Mark McLean
Dr. Nitasha Puri
Dr. Scott MacDonald
Dr. Seonaid Nolan
Duncan Stewart
Erik Steketee
Gary Tennant
Greg Werker

BC Women's Hospital and Health Centre
Special Guest
Broadway Youth Resource Centre
Special Guest
Network of Inner City Community Services Society
ALIVE
Vancouver Coastal Health
VANDU
Vancouver Coastal Health
BC Women's Hospital and Health Centre
Vancouver Native Health
First Nations Health Authority
Urban Native Youth Association
BC Women's Hospital and Health Centre
Broadway Youth Resource Centre
Directions
Children's and Women's Hospital
Providence Health Care
First Nations Health Authority
Odyssey
BC Women's Hospital and Health Centre
Bosman Hotel Community
Covenant House
Vancouver Coastal Health
Downtown Eastside Local Area Plan
At Home/Chez Soi
BC Children's Hospital
Qmunity
Watari
Vancouver School Board
Canadian Drug Policy Coalition
BC Children's Hospital
Clinical Instructor at UBC
BC Children's Hospital, Adolescent Medicine
Vancouver Native Health, UBC Department of Psychiatry
BC Women's Hospital and Health Centre
St. Paul's Hospital
Crosstown Clinic
St. Paul's Hospital
McCreary Research Society
The Process Pros
Park Board Youth Services Consultant
UBC CHEOS

Henry
Jeff
Jen
Jocelyn Helland
Justin
Kali
Karen Zilke
Kate Hodgson
Kathy Snowden
Katrina Topping
Ken Clement
Kevin
Kevin Yakes
Kris Archie
Lau Mehes
Lorraine Grieves
Lou Desmarais
Marjorie White
Mark Gifford
Maureen Ciarniello
Megan
Melanie Mark
Melanie Rivers
Michael Clague
Michelle Wong
Mona Woodward
Nalaga Avis O'Brien
Naomi Dove
Nate Crompton
Nicki McGregor
Peter Vlahos
Phabion
Phoenix Winters
Raven
Shayne Williams
Sherrri Grant
Sofia
Stephanie Gillingham
Tracy Morrison
Tracy Schonfeld
Vicky Shearer
Victoria Rose Bull
Victoria Smye
Wyona
Zurn

Special Guest
Special Guest
Special Guest
Broadway Youth Resource Centre
Special Guest
Special Guest
Ministry of Children and Family Development
Ray Cam Co-operative Community Centre Co-ordinator
Odyssey
Qmunity
Vancouver School Board Trustee
Special Guest
VANDU/Downtown Eastside Local Area Plan
Vancouver Foundation Youth Homelessness
Qmunity
Vancouver Coastal Health, Manager Youth Addiction and Prevention
Vancouver Native Health Society
Aboriginal Mother Centre
Vancouver Foundation
Vancouver School Board Associate Superintendent
Special Guest
Representative for Children and Youth
First Nations Health Authority
Building Community Society, DTES Local Area Plan Co-Chair
Representative for Children and Youth
Aboriginal Front Door
Aboriginal Artist/Youth Worker
First Nations and Inuit Health
VANDU
Family Services of Greater Vancouver
Vancouver Coastal Health
Special Guest
Carnegie, Downtown Eastside Local Area Plan
Ray Cam
Look Out Society
Nexus
Special Guest
Providence Health Care
Western Aboriginal Harm Reduction (WAHRs), DTES Local Area Plan Committee member
Coast Mental Health
Portland Hotel Society
Downtown Eastside Local Area Plan
UBC Nursing
Special Guest
Special Guest