

Isfeld, Lori

From: Correspondence Group, City Clerk's Office
Sent: Saturday, June 13, 2015 1:02 PM
To: Public Hearing
Subject: FW: Dangerous Choice to Legalize Pot

From: Sherri Schmid s.22(1) Personal and Confidential
Sent: Saturday, June 13, 2015 12:06 PM
To: Correspondence Group, City Clerk's Office
Subject: Dangerous Choice to Legalize Pot

Hello

My name is Sherri Schmid, I work in the Royal Jubilee Hospital full time in Psych Intensive Care and Emergency.

We regularly see youth and those afflicted with psychosis with only marijuana in the urine toxicology reports.

The psychiatrists have also stated that marijuana is the trigger to this psychosis in these folks. These folks can be hospitalized for weeks and months...do you know how much this costs our system? A lot I would imagine.

I went to a professional in-service about marijuana. The professionals there stated there are 2 components in pot, THC and cannabinoids. THC triggers psychosis and cannabinoids (the medical part) take psychosis away, they are still trying to isolate the cannabinoid part. They also enlightened the group that scientists are trying to find a healthy balance with these two components in pot but right now there is none available or none has ever been created. THC is still made higher than the cannabinoid part of marijuana which can still act as a trigger for those in the general public. So it puts these risky folks who have the genetic gene for psychosis at increased risks. Again we put the mentally ill folks and their families at increased risks.

Those who keep returning due to using pot end up having longer and longer hospital admits, sometimes there is no housing because these folks have lost so much IQ they cannot live on their own.

Have you ever heard of the term schizo-affective disorder in psych? This is a condition which is triggered by street drugs and is partly paranoia and mania mixed. A condition which lasts forever once you are triggered. Many folks who have this condition return to hospital because they become addicted to pot. For a few months now my peers and I calculated how often these folks end up in intensive care hospital, more than 80% of our clients have this condition in psych intensive care. Please do your research.

If you put Nurse Researchers on our units for 2 years, you will get a better understanding of how dangerous marijuana is for our public.

It already costs us so much to hospitalize these folks and there is no housing for them once they are too badly damaged.

I fear what you are doing is a bit too soon and you need more research.

In the 10 years I've worked in acute psych I've "never seen a Nurse Researcher" or any researcher for that fact who could show the dangers of marijuana use.

Please consider more research before you make this very dangerous decision.

Otherwise, you will be sorry. I won't be out of a job any time soon that's for sure.

Thank you for your time
Sherri

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